

WINTER/SPRING MENU 2017/18



Meat Free Monday

Traditional Tuesday

World Food Wednesday

Thursday Favourites

Fish Friday

Week 1

Vegetarian Bolognese
Cheese Whirl
Jacket Potato Selection
Filled Sandwich Selection
Tomato & Mascarpone Pasta
Chipped Potatoes
Wholemeal Spaghetti
Mixed Vegetables
Fruity Rice Pudding

Baked Sausages, Yorkshire
Pudding & Onion Gravy
Spanish Omelette
Tomato & Herb Pasta
Filled Baguette/Jacket Potato
Mashed Potatoes
Cabbage & Carrots
Chocolate & Mandarin Dessert

Tandoori Chicken
Chickpea & Tomato Curry
Jacket Potato Selection
Hot Sandwich Special
Baked Potato Wedges
Mini Corn on the Cob
Parsnip & Apple Sponge
with Custard

Lamb Curry
Cheese & Potato Bake
Tomato & Herb Pasta
Filled Rolls/Jacket Potato
Brown Rice, Naan Bread
Beetroot & Carrots
Fruit Salad with Mango
Frozen Yoghurt

Fish Fingers
Tomato & Mascarpone Pasta
Jacket Potato Selection
Sandwich Selection
Mashed Potatoes
Garden Peas
Jelly & Fruit

Week 2

Vegetable Quiche
Neapolitan Pasta
Vegetarian Hot Sandwich
Jacket Potato Selection
Mashed Potatoes
Garden Peas & Sweetcorn
Fruit Salad with Custard

Roast Dinner & Gravy
Quorn Sausage & Gravy
Tomato & Herb Pasta
Filled Sandwich/Jackets
Roast & Creamed Potatoes
Broccoli
Chocolate & Pear Sponge
with Custard

Chicken Curry
Vegetable Curry
Filled Sandwich/Jacket Potato
Tomato & Herb Pasta
Sunshine Rice
Mini Corn on the Cob
Savoury Biscuit with Apple &
Cucumber Sticks

Lamb Bolognese
Veggie Chilli con carne
Stuffed Tortilla Boat
Neapolitan Pasta/Jackets
Wholemeal Spaghetti
Jacket Wedges
Mixed Vegetables
Green Beans
Chocolate Dessert Whip

Fish Goujons
Vegetable Pasta Bake
Jacket Potato Selection
Filled Sandwich Selection
Chipped Potatoes
Garden Peas
Carrot & Pineapple Blondie

Week 3

Homemade Pizza Slices
Vegetable Frittata
Tomato & Herb Pasta
Filled Baguette/Jackets
Baked Jacket Wedges
Mini Corn on the Cob
Fruit Salad & Ice Cream

Traditional Lancashire Hotpot
Michelle's Mac 'n' Cheese
Jacket Potato Selection
Hot Sandwich Special
Sliced Baguette
Beetroot & Carrots
Oaty Fruit Crumble & Custard

Chicken & Vegetable Pie & Gravy
Vegetarian Sausage Roll
& Tomato Sauce
Tomato & Mascarpone Pasta
Sandwich Selection /Jackets
Creamed Potatoes
Mixed Vegetables
Homemade Biscuit with
Fruit Slices

Chilli con Carne
Veggie Chilli con Carne
Popeye's Super Spaghetti
Filled Sandwich/ Jacket Potato
Sunshine Rice
Sweetcorn
Oatmeal & Apple Bar

Salmon & Sweet Potato
Fishcake
Cheese Omelette
Neapolitan Pasta
Sandwich Selection
Jacket Potato Selection
Chips, Carrots & Garden Peas
Fruit Sponge & Custard

The Fresh Fayre Gang - making your school dinners taste great!

Claremont Primary
School



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