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| Week 1 | Week Beginning: 13/09/2021, 04/10/2021, 01/11/2021, 22/11/2021, 13/12/2021 |
| Meat Free Monday | (V) Claremontios Vegetarian Cheese and Tomato Pizza Slice (Allergens: Lupin / Cereals containing wheat gluten / milk) Served with: Home-Made Seasoned Potato Wedges and Baked beans Jacket potato with various filling options (Allergens: see fillings in side panel) Frozen Blueberry Yogurt and Peaches (Allergen: milk) |
| Tuesday | Lamb Curry with Sunshine Vegetable Rice (V) Chickpea and Vegetable Curry (V) Pasta in Tomato and Herb Sauce with Sweetcorn (Allergens: (Allergens: Lupin / Cereals containing wheat gluten) Strawberry Jelly and Pears |
| Wednesday | Meat and Potato Pie (Allergens: Lupin / Cereals containing wheat gluten) (V) Potato & Vegetable Pie (Allergens: Lupin / Cereals containing wheat gluten) Served with: Broccoli and Beetroot Jacket potato with various filling options (Allergens: see fillings in side panel) Chocolate and Mandarin Mousse (Allergens: milk) |
| Thursday | Halal Chicken Sausage in Gravy (Allergens: cereals containing wheat gluten / lupin / soya sulphite) Pork Sausage in Gravy (Allergens: cereals containing wheat gluten / lupin / soya sulphite) (V) Quorn Sausage (Allergens: egg white / wheat protein / milk / barley / barley malt extract) Served with: Mashed Potato and Carrot (V) Pasta in Mascarpone Sauce (Allergens: cereals containing wheat gluten / lupin / milk / eggs) Banana Muffin (Allergens: cereals containing wheat gluten / lupin / egg) |
| Friday | Claremont Fishy Friday Bubble Fish (Allergens: Fish) (V) Quorn Burger (Allergens: Barley Malt / Egg Protein / Barley Malt Extract) Served with: Chips and Peas Jacket Potato served with various fillings (Allergens: see fillings in side panel) Sliced Melon |

Available Daily:

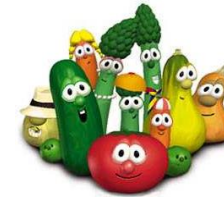
- **Mixed Salad** 
- **Coleslaw** Allergens: eggs
- **Crusty Bread** Allergens: cereals containing gluten, lupin 
- **Daily Fresh Fruit** 
- **Brown Sliced Barmes** Allergens: cereals containing gluten

Jacket Potato Options:

- **Jacket Potato** 
- **Baked Beans** 
- **Tuna Mayonnaise** Allergens: eggs and fish
- **Seafood Medley Mayonnaise** Allergens: fish and eggs
- **Cheese** Allergens: milk





* Dairy Free Cheese and Mayonnaise options available

*Menu choices may vary at short notice





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| Week 2 | Week Beginning: 20/09/2021, 11/10/2021, 08/11/2021, 29/11/2021 |
| Meat Free Monday | (V) Cheese and onion Flan (Allergens: cereal containing wheat gluten / lupin / milk / eggs /cheese) Served with: Home-Made Seasoned Potato Wedges and Baked beans Jacket Potato served with various fillings (Allergens: see fillings in side panel) Fruit Salad |
| Tuesday | Lamb, Vegetable and Potato Cobbler (Allergens: cereal containing wheat gluten / lupin) (V) Vegetable Cobbler (Allergens: cereal containing wheat gluten / lupin) Served with: Carrots and Swede (V) Pasta in Bolognese Sauce (Allergens: cereal containing wheat gluten / lupin) Frozen Strawberry Yogurt and Peaches (Allergen: Milk) |
| Wednesday | (V) Vegetable Ravioli Bake (Allergens: cereal containing wheat gluten / lupin / may have traces of mustard and soya) Served with: Green Beans and Crusty Bread (Allergens: cereal containing wheat gluten / lupin) Jacket Potato served with various fillings (Allergens: see fillings in side panel) Forest Fruit or Blueberry Muffin Muffin (Allergens: cereal containing wheat gluten / lupin / egg) |
| Thursday | Chicken Drumsticks in Gravy (Allergens: cereal containing wheat gluten / lupin) Served with: Sunshine Vegetable Rice (V) Lentil and Vegetable Cottage Pie (V) Fusilli Pasta with a Tomato Sauce (Allergens: cereal containing wheat gluten / lupin) Ice Cream and Pears (Allergen: Milk) |
| Friday | Claremont's Fishy Friday Gluten Free Fish Fingers (Allergen: Fish) (V) Cheesy Bean & Onion Enchilada (Allergens: cereal containing wheat gluten/ lupin /milk) Served with Chips and Peas Jacket Potato served with various fillings (Allergens: see fillings in side panel) Orange Wedges |

Available Daily:

- **Mixed Salad** 
- **Coleslaw** Allergens: eggs 
- **Crusty Bread** Allergens: cereals containing gluten, lupin 
- **Daily Fresh Fruit** 
- **Brown Sliced Barm** Allergens: cereals containing gluten

Jacket Potato Options:

- **Jacket Potato** 
- **Baked Beans** 
- **Tuna Mayonnaise** Allergens: eggs and fish
- **Seafood Medley Mayonnaise** Allergens: fish and eggs
- **Cheese** Allergens: milk




* Dairy Free Cheese and Mayonnaise options available

*Menu choices may vary at short notice





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| Week 3 | Week Beginning: 27/09/2021, 18/10/2021, 15/11/2021, 06/12/2021 |
| Meat Free Monday | (V) Claremontios Cheese and Tomato Pizza (Allergen: Cereals containing wheat gluten / milk / lupin) Served with: Home-Made Seasoned Potato Wedges and Baked beans Jacket Potato served with various fillings (Allergens: see fillings in side panel) Mango Frozen Yogurt with Pears (Allergen: Milk) |
| Tuesday | Chicken Fillet in Gravy (Allergens: cereals containing wheat gluten / lupin) (V) Cauliflower & Broccoli Cheese bake (Allergen: Cereals containing wheat gluten/ lupin / milk) Served with: Mashed Potato (V) Pasta in Tomato Basil Sauce with Crusty Bread (Allergen: Cereals containing wheat gluten/ lupin) Strawberry Mousse with Peaches (Allergen: Milk) |
| Wednesday | Spaghetti Bolognese (Allergens: cereal containing wheat gluten / lupin) (V) Vegetarian Quorn Balls with Bolognese Sauce (Allergens: cereal containing wheat gluten / lupin / egg white) Served with: Garlic Bread (Allergens: cereal containing wheat gluten / lupin) and Mixed Vegetables Jacket Potato served with various fillings (Allergens: see fillings in side panel) Forest Fruit and Yogurt Coulis (Allergen: Milk) |
| Thursday | Halal Chicken Sausage in Gravy (Allergens: cereals containing wheat gluten / lupin / soya sulphite) Pork Sausage in Gravy (Allergens: cereals containing wheat gluten / lupin / soya sulphite) (V) Cheese & Vegetable Whirl (Allergen: cereals containing wheat gluten / lupin / milk / cheese) Served with: Mashed Potato and Carrots (V) Macaroni Cheese (Allergens: cereals containing wheat gluten / lupin / milk / cheese) Peaches and Mandarins |
| Friday | Claremont Fishy Friday Salmon Fish Fingers (Allergens: cereals containing wheat gluten/lupin / fish) (V) Cheese, Potato & Onion Quesadilla Allergens: cereal containing wheat gluten / lupin / cheese) Served with: Chips and Peas Assorted Sandwiches (Allergens: cereal containing wheat gluten / lupin / cheese / egg / fish) Jacket Potato served with various fillings (Allergens: see fillings in side panel) Chocolate and Beetroot Muffin (Allergens: cereal containing wheat gluten / lupin / egg) |

Available Daily:

- **Mixed Salad** 
- **Coleslaw** Allergens: eggs
- **Crusty Bread** Allergens: cereals containing gluten, lupin 
- **Daily Fresh Fruit** 
- **Brown Sliced Barm** Allergens: cereals containing gluten

Jacket Potato Options:

- **Jacket Potato** 
- **Baked Beans** 
- **Tuna Mayonnaise** Allergens: eggs and fish
- **Seafood Medley Mayonnaise** Allergens: fish and eggs
- **Cheese** Allergens: milk

* Dairy Free Cheese and Mayonnaise options available

*Menu choices may vary at short notice